

**FIREFLY LIGHT THERAPY EVALUATION**  
**12506 18TH ST. NE,**  
**LAKE STEVENS, WA 98258**  
**TEL: 360 • 913 • 0682**

**CLIENT INFORMATION**

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Zip: \_\_\_\_\_ Home/Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Gender:  Male  Female

Pronoun: \_\_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

How were you referred to Firefly Light Therapy Treatment? :

Family Member  Friend  Doctor: \_\_\_\_\_

Other: \_\_\_\_\_

**In event of an Emergency**

Name: \_\_\_\_\_ Relationship to Client: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Cell#: \_\_\_\_\_ Work#: \_\_\_\_\_

**Informed Consent For Firefly Therapy**

Firefly therapy utilizes packets of light called Photons to stimulate blood circulation to the treatment area. This results in relief of pain and reduction of symptoms associated with soft tissue injury, such as swelling. Firefly therapy also decreases the healing time associated with superficial injuries, such as burns, cuts, and contusions.

Adverse effects from Firefly therapy are normally rare and temporary. These effects may include from multiple sources, in most cases involving hypersensitivity to light, preexisting medical conditions, thermal effects, excessive pressure from the treatment unit, and overstimulation. **Firefly therapy can cause serious damage to the eye; therefore, it is very important to wear protective glasses that will be provided at all times during treatment.**

Although Rare, the most common adverse effects to Firefly therapy are:

- 1.) Temporary increase in pain during Firefly application
- 2.) Temporary increase in pain in the day or days following Firefly therapy
- 3.) Mild bruising from stimulation of blood circulation or direct pressure of treatment unit
- 4.) Temporary dizziness
- 5.) Reactions when photosensitizing drugs are used with Firefly Therapy

**I have read and understand the risks of Firefly therapy. I agree to wear the protective glasses provided to me at all times during my treatment**

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Briefly describe your current symptoms? \_\_\_\_\_

When did your symptoms start? \_\_\_\_\_

**Please describe your symptom(s).**

- Sharp    Dull Ache    Numb    Shooting
- Burning    Tingling    Other \_\_\_\_\_

**Since your symptom(s) began, are they ...**

- Increasing    Decreasing    Not changing

**How often do you experience your symptom (s)?**

- Constantly (76% - 100%)    Frequently (51% - 75%)
- Occasionally (26% - 50%)    Intermittently (0% - 25%)

**If anything, what makes this better?** \_\_\_\_\_

**If anything, what makes this worse?** \_\_\_\_\_

**How much have your symptoms interfered with your usual daily activities? (outside the home & housework)**

- Not at all    A little bit    Moderately    Quite a bit    Extremely

**In general, would you say your overall health right now is ...**

- Excellent    Very Good    Good    Fair    Poor

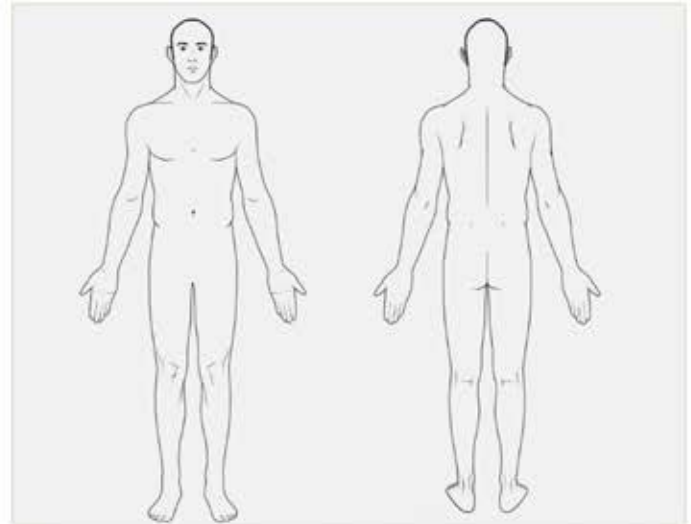
Please list any other health care providers consulted for this condition.

\_\_\_\_\_

**Women:** Are you or is there a possibility that you may be pregnant? \_\_\_\_\_

If yes, what is your due date? \_\_\_\_\_

Please mark the location where you have the pain or other symptoms.



None		Unbearable									
Rate the severity of your pain in the last 24 hours											
0	1	2	3	4	5	6	7	8	9	10	
0	1	2	3	4	5	6	7	8	9	10	

For Office use only: DX Codes: _____
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**Indicate if an immediate family member has / had any of the following:**

Rheumatoid Arthritis     Heart Problems     Diabetes     Lupus     Stroke     Other \_\_\_\_\_

**Please indicate if you have had or presently have any of the following conditions:**

**Cardiovascular**

Fainting     Heart Disease     High/Low Blood Pressure     Irregular Heartbeat     Phlebitis  
 Poor Circulation     Swelling of Hands/Feet     Swelling of Legs     Other: \_\_\_\_\_

**Ear/Nose/Throat**

Dizziness     Hearing Loss     Sinus Infection     Nose Bleed     Sore Throat  
 Jaw Clicks     Bleeding Gums     Difficulty Swallowing     Other \_\_\_\_\_

**Gastrointestinal**

Nausea/Vomiting     Liver Problems     Constipation     Diarrhea     Ulcers  
 Black /Bloody Stools     Gallbladder Problems     Bowel Problems     Other \_\_\_\_\_

**Musculoskeletal**

Osteoporosis     Arthritis     Joint Stiffness     Muscle Weakness     Gout  
 Broken Bones     Joints Replaced     Other \_\_\_\_\_

**Respiratory**

Asthma     Bronchitis     Cold/Flu     Cough/Wheezing     Emphysema  
 Difficulty Breathing     Pneumonia     Shortness of Breath     Other \_\_\_\_\_

**Eyes**

Glaucoma     Double Vision     Blurred Vision     Color Blindness     Cataracts  
 Glasses     Eye Pain     Poor Vision     Other \_\_\_\_\_

**Genitourinary**

Kidney Disease     Burning Urination     Frequent Urination     Blood in Urine  
 Kidney Stone     Lower Side Pain     Other \_\_\_\_\_

**Neurological**

Stroke     Seizure     Severe Headaches     Numbness     Head Injury  
 Pinched Nerve     Carpal Tunnel     Brain Aneurysm     Other \_\_\_\_\_

**Hematologic/Lymphatic**

Hepatitis     Blood Clots     Easy Bleeding     Easy Bruising     Cancer  
 Fever     Chills     Sweats     Other \_\_\_\_\_

**Endocrine/Constitutional**

Diabetes     Thyroid Disorder     Menstrual Problems     Other \_\_\_\_\_  
 Weight Gain     Weight Loss     Difficulty Sleeping     Other \_\_\_\_\_

Surgeries/ Hospitalizations: \_\_\_\_\_

Serious Illness or Injury: \_\_\_\_\_

Allergies: \_\_\_\_\_

Medications taken within the last two months (include over the counter and vitamins): \_\_\_\_\_

Habits: Caffeine (use/day) \_\_\_\_\_ Alcohol \_\_\_\_\_ Drugs (type/use/week) \_\_\_\_\_

Tobacco: Current Smoker (use/week): \_\_\_\_\_ Former Smoker, quit date: \_\_\_\_\_ Never Smoked \_\_\_\_\_

Are there any other issues concerning your health that you would like the doctor to be aware of? \_\_\_\_\_

Have you had any other significant traumas? (Auto Accidents, falls, etc.): \_\_\_\_\_

*Wolfpack Wellness Den*

12506 18th St. NE., Lake Stevens, WA 98258 • Tel: (360) 913-0682 • [www.WolfPackWellnessDen.org](http://www.WolfPackWellnessDen.org)





## **HIPPA PRIVACY AUTHORIZATION FORM**

**\*\* AUTHORIZATION FOR USE OR DISCLOSURE OF PROTECTED HEALTH INFORMATION \*\***

I authorize Kristen Sandquist at Wolfpack Wellness Den to keep record and disclose my health information in necessary circumstances. Necessary circumstances would include:

- Disclosing your health information to another trusted healthcare provider in regards to verifying treatment and/or x-rays.
- Disclosing your healthcare information to another trusted healthcare provider in regards to referrals for continuing treatment.
- Disclosing your healthcare information and billing records to a trusted party if they become responsible of payment we can't obtain.
- Disclosing your healthcare information in the office with current employees for quality control and operational purposes.
- Disclosing your healthcare information to your insurance company.

### Your right to limit use or disclosure

You have the right to request that we do not disclose any information to specific individuals, companies, organizations in legal parameters. If you would like us to place any restrictions on your health information, please provide us with a written and signed letter. We are not required to agree to your request if legal parameters are not met.

### Your right to revoke your authorization

You may revoke your consent to us at any time in writing. We will not be able to honor your request if we receive it after your health information has already been sent for any of the reasons listed above.

I have read this policy agreement, asked for clarification if needed, and agree to these terms.

Printed Patient Name: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Printed Guardian Name: \_\_\_\_\_

Guardian Signature: \_\_\_\_\_